



Dance Lesson Plan

Performing – Anchor Standard 6: Convey Meaning through the Presentation of Artistic Work

Process Component

Present

Enduring Understanding

Dance performance is an interaction between performer, production elements, and audience that heightens and amplifies artistic expression.

Essential Question

- How does a dancer heighten artistry in a public performance?

Lesson Title

Do A Little Dance FOR Me!

Grade Level

Pre-K

PK.DA.Pr6

- a. Dance for others in a designated area or space.
- b. Use a prop as part of a dance.

SEL Core Competency(ies)

Self-Awareness

Self-Management

Responsible Decision Making

Objectives

The learner will perform a dance to a favorite song for an audience, while using a prop.

Materials

Music to dance to, and a prop (preferable a scarf or piece of fabric)

Instructional Resources

none

Vocabulary

Locomotor: Movement that travels from one location to another or in a pathway through space, such as walk, run, tip-toe, slither, roll, crawl, jump, march or gallop

Nonlocomotor: Movement that remains in one place, movement that does not travel from one location to another or in a pathway through space, such as bend, twist, turn, open or close

Instruction/Motivation

Student will dance to their favorite song, while using a scarf or piece of fabric as a prop, to enhance their performance.

Procedure

1. Help the student to select a favorite song that they'd like to dance to.
2. Decide what prop they will use during their dance.
3. Go over the types of locomotor and nonlocomotor movements the student can use in their dance.
4. Clear an open floor space inside, or a free space outdoors, to perform the dance.
5. Play the music and have the student perform their dance with the prop, for an audience of at least one.

Closure/Reflection

- Ask the student which kind of movements they were using in their dance?
- Ask the student how the prop added to conveying their feelings in the performance?

Evaluation

- Did the student use both locomotor and nonlocomotor movements in their dance?
- Were they able to use the prop to enhance their performance?